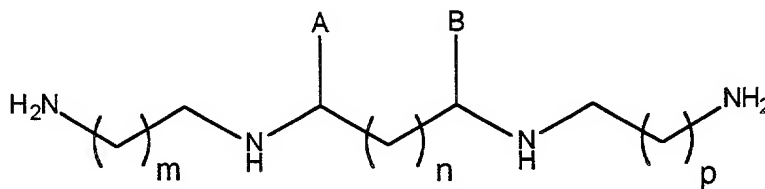


Claims

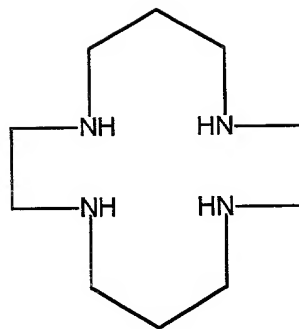
We claim;

1 A method of treating degenerative diseases due to
acquired mitochondrial DNA damage
redox damage to mitochondrial macromolecules
and inherited mitochondrial genetic defects
said method comprising the steps of: selecting a composition from a group consisting of open
ring polyamines, macrocyclic polyamines, branched linear polyamines and substituted
polyamines;
synthesizing said composition; and
administering an effective dose of said composition to a mammal.

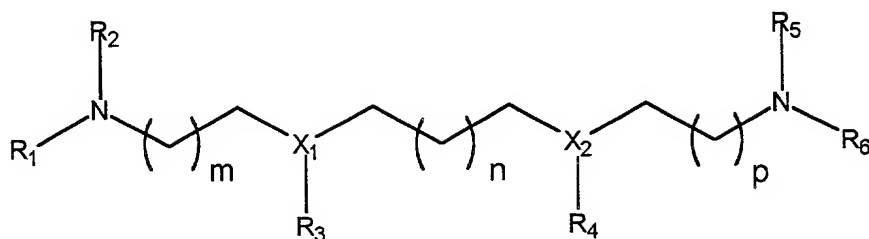
2 The method of Claim 1 wherein said step of synthesizing comprises converting by treatment
with an alkyl halide a compound taken from a group consisting of those compounds having the
formula



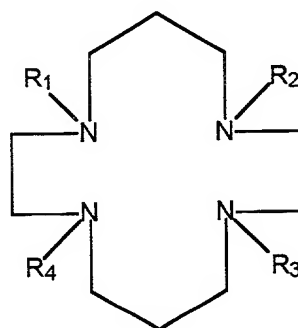
wherein A and B are hydrogen or alkyl, and m,n, and p are the same or different, and those
compounds having the formula



3 The method of claim 2 wherein said composition is taken from a group consisting of those compositions having the formulae:



and



wherein:

18 R_1 and R_2 are taken from a group consisting of hydrogen, alkyl, aryl, cycloalkyl, amino acid,
 19 glutathione, uric acid, ascorbic acid, taurine, estrogen, dehydroepiandrosterone, probucol,
 20 vitamin E, hydroxytoluene, carvidilol, α -lipoic acid, α -tocopherol, ubiquinone,
 21 phylloquinone, β -carotene, meanadione, glutamate, succinate, acetyl-L-carnitine, co-enzyme
 22 Q, lazeroids, polyphenolic flavonoids, homocysteine, menaquinone, idebenone, dantrolene, -
 23 $(CH_2)_n[XCH_2]_nNH_2$ - wherein $n = 3-6$ and R_1 and R_2 taken together are $-(CH_2XCH_2)_n$ -
 24 wherein $n = 3-6$,

25 R_3 and R_4 are taken from a group consisting of hydrogen, alkyl, aryl, cycloalkyl, amino acid,
 26 glutathione, uric acid, ascorbic acid, taurine, estrogen, dehydroepiandrosterone, probucol,
 27 vitamin E, hydroxytoluene, carvidilol, α -lipoic acid, α -tocopherol, ubiquinone,
 28 phylloquinone, β -carotene, meanadione, glutamate, succinate, acetyl-L-carnitine, co-enzyme
 29 Q, lazeroids, polyphenolic flavonoids, homocysteine, menaquinone, idebenone, dantrolene or
 30 heterocycle and R_3 and R_4 taken together are $-(CH_2XCH_2)_n$ - wherein $n = 3-6$,

31 R_5 and R_6 are taken from a group consisting of hydrogen, alkyl, aryl, cycloalkyl, amino acid,
 32 glutathione, uric acid, ascorbic acid, taurine, estrogen, dehydroepiandrosterone, probucol,
 33 vitamin E, hydroxytoluene, carvidilol, α -lipoic acid, α -tocopherol, ubiquinone,
 34 phylloquinone, β -carotene, meanadione, glutamate, succinate, acetyl-L-carnitine, co-enzyme
 35 Q, lazeroids, polyphenolic flavonoids, homocysteine, menaquinone, idebenone, dantrolene -
 36 $(CH_2)_n[XCH_2]_nNH_2$ - wherein $n = 3-6$, and R_5 and R_6 taken together are $-(CH_2XCH_2)_n$ -
 37 wherein $n = 3-6$.

38 M , n , and p may be the same or different and are bridging groups of variable length from 3-12
 39 carbons, and

40 X is taken from a group consisting of nitrogen, sulfur, phosphorous and carbon.

1 4 The method of Claim one wherein said step of synthesizing further comprises the steps of:

2 -admixing an element taken from a group consisting of 2,4 dibromopropane and absolute

3 ethanol into 1,2-diaminoethane hydrate;

4 -heating the resulting mixture to approximately 50°C for about one hour;

5 -adding potassium chloride;

6 -continuing said heating for three hours;

7 -filtering potassium bromide out of the mixture;

8 -distilling the mixture at reduced pressure;

9 -allowing the formation of top and bottom layers;

10 -separating and distilling the top layer;

11 -converting free amine in the distilled top layer to a tetrahydrochloride salt; and

12 -converting said salt to a free amine by treatment with ammonium hydroxide.

1 5 The method of claim 4 wherein said step of converting to a tetrahydrochloride salt

2 comprises adding hydrochloric acid to said distilled top layer.

1 6 The method of Claim 4 wherein said composition consists of 1,3-bis-[(2'-aminoethyl)-

2 amino]propane and step of admixing a solution comprises preparing said solution by mixing

3 1,3-dibromopropane and absolute ethanol in a ratio of approximately 1 to 3 per weight.

1 7 The method of Claim 6 wherein said step of admixing further comprises slowly adding said

2 solution into 1,2-diaminoethane hydrate in a ratio of approximately 2.6 to 1 per weight.

1 8 The method of claim 7 wherein, the step of preparing said solution comprises mixing 15
2 grams of 1,3-diaminopropane and 50 milliliters of absolute ethanol; and
3 the step of slowly adding comprises adding said solution to 20 grams of potassium chloride;

1 9 The method of Claim 8 wherein said step of converting to a tetrahydrochloride salt
2 comprises adding six molar concentration of hydrochloric acid.

1 10 The method of claim 2 wherein said step of selecting comprises:
2 ascertaining the heats of formation of a set of said compounds; and choosing said compound in
3 consideration of its heat of formation compared to the heats of formation of other compounds
4 in said set.

1 11 The method of claim 10 wherein: said step of ascertaining comprises: calculating the heats
2 at the formation of said set of compounds from their respective constituent atoms.

1 12 The method of claim 11 wherein said step of choosing comprises determining the
2 stabilities of said set of compounds as a function of their respective heats of formation;
3 wherein said stabilities are determined in inverse proportion to said respective heats of
4 formation; and
5 whereby the relative stabilities of the set of compounds are deemed indicative of ability to
6 yield the most stable complex when reacted with a group of metals.

1 13 The method of Claim 12 wherein;
2 said group of metals includes copper, cobalt, iron, zinc, cadmium, manganese and chromium.

1 14 The method of Claim 13 wherein said degenerative diseases comprise neurodegenerative
2 diseases characterized by excess iron pools and said compound is selected from a group
3 consisting of 2,2,2-piperidine and 2,3,2 adamantane.

1 15 The method of Claim 13 wherein said degenerative diseases comprise ischemic damage
2 and pump failure post myocardial infarction characterized by iron-induced toxic redox effects
3 and depletion of tissue zinc stores; and said compound is selected from a group consisting of
4 zinc cyclam methylated, zinc cyclam adamantane, cyclam methylated and cyclam adamantane.

1 16 The method of Claim 13 wherein said degenerative diseases comprise neurodegenerative
2 diseases and strokes; and said composition is selected from a group consisting of compositions
3 having open ring metal binding molecules taken from a group consisting of compositions
4 having copper binding molecules and manganese binding molecules.

1 17 The method of Claim 16 wherein said compositions having copper-binding molecules
2 include 2,3,2 isopropyl on N1/N4; and
3 said compositions having manganese-binding molecules include 3,3,3 tetramine.

1 18 The method of claim 13 wherein said degenerative diseases comprise neurodegenerative
2 disorders, stroke, glaucoma, atherosclerosis, cardiomyopathy, ischemia, optic neuropathy,
3 peripheral neuropathy, presbycusis and cancer; and said composition is selected from
4 derivatives of those compounds having the largest ring molecules.

1 19 The method of claim 18 wherein said compounds having the largest ring molecules
2 includes 3,3,3 tetramine, cyclam adamantanes, cyclam 3,3,3 and compounds having alkyl
3 substituted molecules.

1 20 The method of Claim 13 wherein said degenerative diseases comprise Parkinson's, Lou
2 Gehrig's, Binswanger's, and Lewy Body diseases, Olivopontine Cerebellar Degeneration,
3 stroke, glaucoma and optic neuropathy; and
4 said composition is selected from a group of compositions having alkyl side chains.

1 21 The method of Claim 13 wherein said degenerative diseases comprise neurodegenerative
2 diseases, ischemia post myocardial infarction and atherosclerosis; and
3 said composition is selected from derivatives of compounds from a group consisting of
4 piperidine, piperazine and adamantane.

1 22 The method of claim 3 wherein said degenerative diseases comprise stroke, diabetic
2 neuropathy, peripheral neuropathy, Alzheimer's disease, atherosclerosis, ischemia, diabetes,
3 presbycusis, cardiomyopathy and congestive heart failure; and said composition is derived
4 from compounds having terminal nitrogen added molecule substitution with elements selected
5 from a group consisting of glutathione, uric acid, ascorbic acid, taurine, estrogen,
6 dehydroepiandrosterone, probucol, vitamin E, hydroxytoluene, carvidilol, α lipoic acid,
7 tocopherols, ubiquinone, phylloquinone, carotenes, menadione, glutamate, succinate, acetyl-l-
8 carnitine, co-enzyme Q, lazeroids, polyphenolic flavonoids, homocysteine, menaquinone,
9 idebenone, dantrolene and phosphorous.

1 23 The method of Claim 22 wherein said degenerative disease comprises stroke; and said
2 composition consists of uric acid polyamine.

1 24 The method of Claim 22 wherein said degenerative disease comprises diabetes; and said
2 composition is derived from compounds selected from a group consisting of phosphorous,
3 taurine, CoEnzyme Q, α lipoic acid, tocopherol, succinate, glutamate and acetyl-l-carnitine
4 polyamines.

1 25 The method of Claim 22 wherein said degenerative disease comprises Alzheimer's disease
2 and presbycusis; and
3 said composition is derived from compounds selected from a group consisting of α lipoic acid
4 and acetyl-l-carnitine polyamines.

1 26 The method of Claim 22 wherein said degenerative disease comprises atherosclerosis; and
2 said composition selected from a group consisting of tocopherol polyamine and coenzyme Q
3 polyamine.

1 27 The method of Claim 22 wherein said degenerative disease comprises ischemia;
2 and
3 said composition is selected from a group consisting of tocopherol polyamine and coenzyme Q
4 polyamine.

1 28 The method of Claim 22 wherein said diseases comprise myocardial degeneration and
2 congestive heart failure; and said composition consists of coenzyme Q polyamine.

1 29. The method of Claim 22 wherein said degenerative diseases comprise cancer; and
2 said composition is taken from a group consisting of cobalt di-homocysteine
3 polyamines.

1 30 The method of Claim 2 wherein said step of converting comprises adjusting the in vivo
2 half life and pharmacokinetic properties of said composition by selective terminal nitrogen
3 substitutions.

1 31 The method of Claim 2 wherein said step of converting comprises adjusting the in vivo
2 half life and pharmacokinetic properties of said composition by addition of side chains on
3 amino or methylene groups.

1 32 The method of Claim 2 wherein said step of selecting comprises:
2 finding the octanol / water coefficients of partition of a series of said compounds; and
3 picking said compound in consideration of its octanol / water coefficient compared to the
4 octanol water coefficients of other compounds in said series.

1 33 The method of Claim 32 wherein said step of picking comprises determining the abilities
2 of said series of compounds to pass through the intestinal, blood brain and blood retinal
3 barriers as a function of their respective octanol / water coefficients; wherein said abilities are
4 determined according to a distribution curve centered about 2 and having a useful range
5 extending towards 0.5 and 4, the numbers being log values.

1 34 The method of Claim 2 wherein said step of selecting comprises;

1 34 The method of Claim 2 wherein said step of selecting comprises;
2 measuring pKas of a list of said compounds; and
3 selecting said compound in consideration of its pKas compared to the pKa's of other
4 compounds on the list.

1 35 The method of Claim 34 wherein said step of selecting comprises;
2 selecting a composition with higher pKas in the treatment a disease characterized by lower
3 tissue pH.

1 36 The method of Claim 35 wherein said diseases include ischemia post myocardial infarction
2 and diabetic ketoacidosis.

1 37 The method of Claim 2 wherein said step of selecting comprises determining the respective
2 likely efficiency of said compounds in consideration of the disease target to be treated and the
3 route of administration.

1 38 The method of Claim 20 wherein;
2 said compound consisting of pyridine tetramine.

1 39 The method of Claim 20 wherein said degenerative disease consists of Alzheimer's
2 disease; and
3 said compound comprises acetyl-l-carnitine polyamine.

1 40 The method of Claim 22 wherein said degenerative disease consists of diabetes; and

2 said compounds are selected from a group consisting of 2,3,2 piperidine, glutamate polyamine,
3 succinate polyamine, chromium tetramine and vanadyl tetramine and phosphorous polyamine.

1 41 The method of Claim 2 wherein said degenerative diseases comprise peripheral and optic
2 neuropathy; and

3 said compounds comprise taurine polyamine and α lipoic acid polyamines.

1 42 The method of Claim 2 wherein said degenerative diseases comprise glaucoma; and said
2 compounds comprise adamantane 2,3,2 tetramine and adamantane cyclam.

1 43 The method of Claim 3 wherein said degenerative disease comprise presbycusis; and said
2 compounds comprise α lipoic acid polyamine and acetyl-l-carnitine polyamine.

1 44 The method of Claim 4 wherein said composition consists of (2-aminoethyl){3-[(2-
2 aminoethyl)amino]-1-methylbutyl}amine; and said step of admixing a solution comprises
3 preparing said solution by mixing 2,4 dibromopropane and absolute ethanol in a ratio of
4 approximately 1 to 20 per weight.

1 45 The method of claim 44 wherein said step of admixing comprises slowly adding said
2 solution into 1,2-diaminoethane hydrate in a ratio of approximately 44 to 1 per weight.

1 46 The method of claim 45 wherein said step of converting to a tetrahydrochloride salt
2 comprises of adding hydrochloric acid.

1 47 The method of Claim 2 wherein said composition consists of (2-aminoethyl){3-[(2-
2 aminoethyl)amino]-1-methylbutyl}amine; and
3 said step of synthesizing further comprises; the steps of
4 -admixing a solution of an element, taken from a group consisting of 1,3-diaminopropane and
5 N,N-dimethyl-1,3-propanediamine and ethanol into 2-chloromethylpiperidine in water;
6 -adjusting the pH of the resulting mixture to 9 by addition of 10% sodium hydroxide;
7 -stirring the mixture at room temperature and maintaining the pH between 8 and 9 by addition
8 of sodium hydroxide over 3 days;
9 -allowing solvents to evaporate; and
10 -extracting residues with CH₂Cl₂.

1 48 The method of Claim 47 wherein said step of admixing a solution further comprises adding
2 said solution into chloromethyl pyridine in water in a ratio of approximately 5 to 3 per weight
3 wherein said chloromethylpyridine is diluted into water in a ratio of approximately 1 to 5 per
4 weight.

1 49 The method of claim 48 wherein said step of admixing a solution comprises preparing said
2 solution in a ratio of approximately 1 to 50 per weight.

1 50 The method of Claim 49 wherein said steps of synthesizing comprises synthesizing
2 (2-pyridylmethyl){3-[(2-pyridylmethyl)amino]propyl}amine; and
3 said step of admixing a solution further comprises preparing said solution by mixing 1,3-
4 diaminopropane in water with ethanol.

1 51 The method of claim 50 when said step of synthesizing further comprises synthesizing
2 methyl(3-[methyl(2-pyridylmethyl)amino]propyl}(2-pyridylmethyl)amine; and said step of
3 admixing a solution further comprises preparing said solution by mixing N,N-dimethyl-1,3
4 propanediamine in water with ethanol.

1 52 The method of claim 2 wherein said step of synthesizing comprises the steps of a
2 preparation by adding a first solution of 1,3 diaminopropane and absolute ethanol dropwise
3 into a second solution of ethanol and an element taken from a group consisting of 1-
4 (2chloroethyl)piperidine and 1-(2-chloroethylpiperizine) and admixing over approximately 30
5 minutes;
6 stirring said preparation over approximately 24 hours;
7 evaporating the solvents in said preparation;
8 extracting the residue using a volume of CH_2Cl_2 dried over Na_2SO_4 and evaporated to dryness;
9 purifying the resulting composition by converting to its hydrochloride salt by adding
10 hydrochloric acid; and
11 converting said salt to its free amine by treatment with NH_4OH .

1 53 The method of claim 52 wherein said step of mixing a preparation comprises forming said
2 first solution of 1,3 diaminopropane and ethanol in a ratio of approximately 1 to 100 per
3 weight and adding said first solution into said second solution in a ratio of approximately 1 to
4 1 by weight.

1 54 The method of Claim 2 wherein said composition consists of
2 [2-(methylethylamino)ethyl](3-{[2-(methylamino)ethyl]amino}propyl)amine; and said step of
3 synthesizing further comprises; preparing of first mixture of magnesium turnings,
4 1,3-bis-[(2'-aminoethyl)-amino]propane, benzene and acetyl chloride respective approximate
5 percentage of 0.6%, 8.5%, 8.45%, and 6.4% per weight;
6 cooling said first mixture;
7 separating the mixture into a liquid phase and a solid phase;
8 preparing a second mixture by mixing said solid phase with ether;
9 preparing a solution by pouring said second mixture over ice;
10 preparing a third mixture by adding said solution to said liquid phase;
11 washing said third mixture with sodium bicarbonate;
12 washing said third mixture with water.

1 55 The method of Claim 2 wherein said step of synthesizing comprises converting the starting
2 di - or tetramine component, at least one of said components in said compounds to the
3 corresponding N-substituted compound by treatment with an alkyl halide; and
4 purifying said composition by conversion to a salt through addition of hydrochloric acid.

1 56 The method of Claim 2 wherein said composition consists of (2-aminoethyl){3-[(2-
2 aminoethyl)methylamino]propyl}methylamine, and
3 said step of synthesizing further comprises:
4 preparing a first solution of N,N-dimethyl-1,3-propanediamine and ethanol in a ratio of
5 approximately 1 to 50 per weight;

6 preparing a second solution of 2-chloroethylamine and ethanol in a ratio of approximately 1 to
7 17 per weight;
8 combining said first and second solutions into a third solution;
9 stirring said third solution at room temperature for approximately 20 hours;
10 evaporating solvents in said third solution; and
11 extracting residues in said solution with a volume of CH_2Cl_2 .

1 57 The method of Claim 2 wherein said composition consists of
2 [2-(bicyclo[3.3.1]non-3-ylamino)ethyl](3-{2-(bicyclo[3.3.1]non-3-
3 ylamino)ethyl}amino)propyl)amine, and said step of synthesizing further comprises heating
4 for approximately 6 hours at 215°C a mixture of 1-bromoadamantane and 2,3,2-tetramine in a
5 mol ratio of approximately 1 to 5;
6 admixing said mixture into a solution of 2NHCl and ether having a ratio of approximately 1.25
7 to 1 per weight, in a ratio of approximately 1 to 9 per weight;
8 separating the aqueous layer and alkalinizing said layer in a volume of 50% aqueous NaOH ;
9 extracting with ether;
10 drying the extract over K_2CO_3 ; and
11 evaporating to an oil.

1 58 The method of Claim 2 wherein said composition consists of [2-
2 (methylethylamino)ethyl](3 {[2-(methylamino)ethyl]amino}propyl)amine; and
3 said methylating step of synthesizing further comprises;
4 methylating terminal nitrogens of 2,3,2 tetramine by refluxing in the presence of benzene and
5 acetyl chloride.

1 59 The method of Claim 58 wherein said step of synthesizing further comprises;
2 preparing a first mixture of magnesium turnings;
3 of 1,3-bis-[(2'-aminoethyl)-amino]propane, benzene and acetyl chloride respective
4 approximate percentage of 0.6%, 8.5%, 8.45%, and 6.4% per weight;
5 cooling said first mixture;
6 separating the mixture into a liquid phase and a solid phase;
7 preparing a second mixture by mixing said solid phase with ether;
8 preparing a solution by pouring said second mixture over ice;
9 preparing a third mixture by adding said solution to said liquid phase;
10 washing said third mixture with sodium bicarbonate;
11 washing said third mixture with water;
12 drying said third mixture over CaCl_2 ;
13 filtering said third mixture;
14 preparing a fourth mixture of said third mixture sodium hydride and N,N,-dimethylformamide
15 in a ratio of approximately 2.5, 1 and 37.5 respectively per weight;
16 heating said fourth mixture under N_2 at approximately 60°C for about three hours;
17 treating said fourth mixture with approximately $\frac{1}{4}$ its volume of iodomethane;
18 stirring said treated fourth mixture at 50°C for approximately 24 hours;
19 quenching said treated fourth mixture with 95% ethanol;
20 removing volatiles at reduced pressure;
21 watering with addition of approximately $\frac{1}{2}$ volume of water;
22 extracting organic products with approximately three $\frac{1}{2}$ volumes of chloroform;
23 washing said organic products with water and NaCl ;
24 drying said organic products over anhydrous sodium sulfate;

concentrating into an oil;
purifying said oil by flash chromatography with $\frac{1}{4}$ hexanes-ethyl acetate as eluent into an acetylated oil of said composition;
forming a solution of said acetylated oil, potassium hydroxide, methanol and water in respective proportions of 1, 3, 23 and 5 per weight respectively;
heating said solution under reflux for about 24 hours;
removing methanol at reduced pressure;
extracting into ether;
washing with NaCl;
drying over sodium sulfate;
concentrating under vacuum;
purifying by flash chromatography; and
evaporating solvents.

60 The method of Claim 2 wherein said composition consists of [2-(dimethylamino)ethyl](3-
{[2-(dimethylamino)ethyl]methylamino}propyl)methylamine; and
said steps of synthesizing further comprises;
refluxing for about 20 hours a solution of 2,3,2 tetramine, formic acid and 37% formaldehyde
and water in a weight proportions of approximately 1,10,10 and 1 respectively;
evaporating solvents from said solution;
making said solution basic by addition of NaOH; and
extracting residues with 3 times $1\frac{1}{2}$ volume of CH_2Cl_2 .

1 61 The method of Claim 2 wherein said composition consists of 2-[3-(2-
2 aminoethylthio)propylthio]ethylamine; and
3 said step of synthesizing further comprises:
4 preparing a first solution of 1,3-dimercaptopropane and water in a weight ratio of about 1 to
5 50;
6 preparing a second solution of NaOH and water in a weight ratio of about 1.5 to 10;
7 forming a first mixture by mixing said first and second solutions in a weight ratio of about 5 to
8 1;
9 forming a third solution of 2-chloroethylamine and ethanol in a weight ratio of about 8.5 to 1;
10 admixing said solution into said mixture in a ratio of about 1 to 3.8;
11 refluxing said mixture over approximately 8 hours;
12 evaporating solvents from said refluxed mixture;
13 extracting residues with CH_2Cl_2 .

1 62 The method of Claim 2 wherein said composition consists of:
2 1,4,8,11-tetraaza-1,4,8,11-tetramethylcyclotetradecane; and
3 said steps of synthesizing comprises:
4 refluxing for about 18 hours a solution of cyclam, formic acid, 37% formaldehyde and water in
5 weight proportions of approximately 1, 5.3, 4.5 and 1 respectively;
6 adding water to said solution in a weight ratio of approximately 0.5 to 1;
7 cooling said solution to about 5°C ;
8 adjust the pH of said solution to above 12 with NaOH;
9 extracting the solution with CH_2Cl_2 ;

63 The method of Claim 2 wherein said composition consists of 1,4,8,11-tetraaza-1,4,8,11-tetra(2-piperidylethyl)cyclotetradecane; and said step of synthesizing further comprises:
preparing a first solution of cyclam and CH_2Cl_2 in a weight ratio of approximately 1 to 50;
preparing a second solution of NaOH and water in a weight ratio of approximately 1 to 31;
preparing a mixture of said first and second solution in a weight ratio of approximately 1 to 1;
preparing a third solution of 1-(2-chloroethyl)piperidine and CH_2Cl_2 in a weight ratio of approximately 1 to 14;
adding said third solution dropwise into said mixture in a weight ratio of about 1 to 2;
stirring said mixture over about 24 hours;
evaporating solvents; and
extracting residues with CH_2Cl_2 .

64 The method of Claim 2 wherein said composition consists of 1,4,8,11-tetraaza-1,4,8,11-tetrabicyclo[3.3.1]non-3-ylcyclotetradecane; and
said step of synthesizing further comprises:
forming a first solution of cyclam and ethanol in a weight ratio of approximately 1 to 100;
forming a second solution of 1-bromoadamantane and ethanol in a weight ratio of 1 to 23;
forming a mixture by adding said second solution dropwise into said first solution in a weight ratio of about 1 to 1, over 30 minutes;
heating said mixture to reflux over about 20 hours;
evaporating said solution under reduced pressure; and
extracting residue from said solution with CH_2Cl_2 ;

65 The method of Claim 2 wherein said composition consists of

1,4,8,11-tetraaza-1,4,8,11-tetraethylcyclotetradecane; and
said step of synthesizing further comprises:
forming a solution of cyclam and DMF in a weight ratio of approximately 1 to 50;
admixing under stirring small portions of NaH in a weight ratio of about 1 to 12.5;
heating said solution for about three hours at about 60°C;
admixing iodoethane in a single portion into said solution in a weight ratio of about 1 to 17.5;
heating said solution at about 60°C over about 18 hours;
quenching the solution with about 95% ethanol;
extracting residue with CH₂Cl₂.

66 The method of Claim 2 wherein said composition consists of N,N'-(2'-dimethylphosphinoethyl)-propylenediamine; and the step of synthesizing further comprises:
incorporating phosphorus into a molecule of propylenediamine in place of two of its nitrogen atoms by addition and reduction reactions.

67 The method of Claim 66 wherein said step of incorporating comprises:
preparing a first solution by dissolving propylenediamine into ethanol in a weight ratio of about 1 to 50;
admixing dimethylvinylphosphine sulfide into said solution in a weight ratio of about 1 to 22;
heating at reflux said solution for about 72 hours;
evaporating solvents under reduced pressure, leaving a residue.

68 The method of Claim 67 wherein said step of incorporating further comprises:
dissolving said residue in chloroform;

3 washing said residue with NaOH; and

4 drying said residue over MgSO_4 .

1 69 The method of Claim 68 wherein said step of synthesizing further comprises:

2 removing solvents in said residue under reduced pressure to yield an oil,

3 crystallizing said oil with ethyl acetate;

4 preparing a suspension of LiAlH_4 in dry dioxane in a weight ratio of about 1 to 100;

5 admixing said oil into said suspension;

6 to yield a mixture;

7 refluxing said mixture for about 36 hours;

8 cooling said mixture; and

9 adding a solution of dioxane in water and NaOH into said mixture.

1 70 The method of Claim 2 wherein said diseases consist of diabetes and abnormal low density

2 lipoprotein (LDL) to high density lipoprotein (HDL) ratio and said composition is selected

3 from a group consisting of vanadyl 2,3,2-tetramine and chromium 2,3,2-tetramine; and

4 said step of synthesizing further comprises reacting a metallic salt with 2,3,2-tetramine in an

5 ethanol solution.

1 71 The method of Claim 70 wherein said step of reacting comprises:

2 forming a first solution of 2,3,2 tetramine in ethanol in a weight ratio of about 1 to 20;

3 forming a second solution of vanadyl acetylacetonate in ethanol in a weight ratio of about 1 to

4 275;

5 admixing said second solution into said first solution in a volume ratio of about 1 to 1; and

6 refluxing said solution for almost 30 minutes.

1 72 The method of Claim 70 wherein said step of reacting further comprises:

2 preparing a first solution of 2,3,2-tetramine in ethanol in a weight ratio of about 1 to 20;

3 preparing a second solution of chromium (III) nitrate in ethanol in a weight ratio of about 1 to

4 80;

5 admixing said second solution into said first solution in a volume ratio of about 1 to 1; and

6 refluxing said solution for about 30 minutes.

1 73 The method of Claim 55 wherein said step of converting comprises using amines to attach

2 alkyl halide in a nucleophilic substitution of N atoms.